Quality of life in Russian regions 2010

October 2010, Russian Institute of Regional Information and Laboratory of Mathematical Methods of Political Analysis and Prognosis of MSU Faculty of Political Science released the latest Index of quality of life in Russian regions in the 1st quarter of 2010.

The index is based on studies of people’s incomes, migration, infant mortality, labor market, public security, development of the service sector, housing standards and life expectancy.

For 5 years – from 2005 to 2009 – 11 Russian regions have significantly improved the quality of life. For example, Sakhalin Region and Kabardino-Balkar Republic have soared in the ranking by 25 and 20 positions respectively. Other regions that have significantly improved people’s quality of life include Orenburg Region, Nenets Autonomous Okrug, Ulyanovsk Region, Penza Region, Kaliningrad Region, Kamchatka Krai, Bashkortostan Republic, Kirov Region and Republic of Khakassia.

Moscow, the capital city, is the leader in quality of life among Russian regions. Top 5 regions also include St. Petersburg, Moscow Region, Tyumen Region and Khanty-Mansi Autonomous Okrug. The last place is occupied by the Republic of Tyva.

All the data collected during the survey is used as the official information of the Federal State Statistics Service of the Russian Federation.

Index of quality of life in Russian regions:

1. Moscow
2. St. Petersburg
3. Moscow Region
4. Tyumen Region
5. Khanty-Mansi Autonomous Okrug
6. Republic of Tatarstan
7. Belgorod Region
8. Krasnodar Krai
9. Sakhalin Region
10. Lipetsk Region
11. Tula Region
12. Tambov Region
13. Yamalo-Nenets Autonomous Okrug
14. Bashkortostan Republic
15. Sverdlovsk Region
16. Samara Region
17. Kamchatka Krai
18. Leningrad Region
19. Kaliningrad Region
20. Russian Federation
21. Nenets Autonomous Okrug
22. Voronezh Region
23. Yaroslavl Region
24. Republic of Adygeya
25. Rostov Region
26. Republic of North Ossetia-Alania
27. Murmansk Region
28. Kaluga Region
29. Penza Region
30. Stavropol Krai
31. Novgorod Region
32. Tomsk Region
33. Omsk Region
34. Saratov Region
35. Sakha Republic (Yakutia)
36. Chelyabinsk Region
37. Kursk Region
38. Vladimir Region
39. Ryazan Region
40. Republic of Mordovia
41. Volgograd Region
42. Kemerovo Region
43. Orenburg Region
44. Khabarovsk Krai
45. Chuvash Republic
46. Orel Region
47. Arkhangelsk Region
48. Nizhny Novgorod Region
49. Ulyanovsk Region
50. Novosibirsk Region
51. Kirov Region
52. Republic of Dagestan
53. Komi Republic
54. Tver Region
55. Bryansk Region
56. Kostroma Region
57. Kabardino-Balkar Republic
58. Smolensk Region
59. Vologda Region
60. Ivanovo Region
61. Republic of Karelia
62. Krasnoyarsk Krai
63. Magadan Region
64. Primorsky Krai
65. Udmurtiya Republic
66. Republic of Khakassia
67. Astrakhan Region
68. Pskov Region
69. Perm Krai
70. Mari El Republic
71. Karachay-Cherkess Republic
72. Altai Territory
73. Republic of Buryatia
74. Irkutsk Region
75. Kurgan Region
76. Jewish Autonomous Region
77. Zabaykalsky Krai
78. Amur Region
79. Chukotka Autonomous Area
80. Republic of Kalmykia
81. Altai Republic
82. Republic of Ingushetia
83. Republic of Tyva